

MRIs: Openness can only go so far. Should you ever need magnetic resonance imaging (MRI) for a sore knee, a bulging disk, or something more serious, Duke University experts suggest you avoid open machines—popular because they don’t require patients to lie in a narrow ... tunnel. Open machines, which typically operate less power than standard closed MRI machines, produce less-detailed images that are useless, warns Nancy Major, M.D., a Duke associate professor of radiology. Your insurer, however, often won’t cover a second screen. Major recommends asking for the MRI that will deliver the most accurate diagnosis. Source: (see “[MRI Testing Getting the Most Out of It](#)” for the full article; HealthNewsDigest.com)